



# Patisserie Mark Bennett

Est. 2012

All of our bread, viennoiserie, patisserie & cakes are prepared by hand using the finest ingredients in our Bakehouse in Poole

## VIENNOISERIE

|                                                       | T/A   | Eat In |
|-------------------------------------------------------|-------|--------|
| <b>Plain Croissant</b> (2, 4, 7)                      | £2.50 | £3.50  |
| <b>Almond Croissant</b> (2, 4, 7, 10, may contain I3) | £3.00 | £4.10  |
| <b>Pain au Chocolat</b> (2, 4, 7, 13)                 | £3.00 | £4.10  |
| <b>Pain aux Raisins</b> (2, 4, 7, 14)                 | £3.00 | £4.10  |
| <b>Strawberry Danish</b> (2, 4, 7, 14)                | £3.50 | £4.50  |
| <b>Doughnuts</b> (2, 4, 7, may contain I2)            | £3.50 | £4.50  |
| <b>Cinnamon &amp; Pecan Bun</b> (2, 4, 7, 10, 14)     | £3.50 | £4.50  |
| <b>Speciality Croissant</b>                           | £3.50 | £4.50  |

## SAVOURIES

|                                                                                                                                                | T/A   | Eat In |
|------------------------------------------------------------------------------------------------------------------------------------------------|-------|--------|
| <b>Pork Sausage Roll</b> (2, 4, 7, 9, 13)<br>PMB's award-winning pork sausage roll in our flaky pastry                                         | £3.00 | £4.10  |
| <b>Dorset Beef &amp; Veg Pasty</b> (1, 2, 4, 7, 13)<br>Minced steak, Guinness, onions, swede, potato and seasoning, sealed in our flaky pastry | £4.70 | £5.90  |
| <b>Quiche</b> (V) (2, 4, 7)<br>Shortcrust pastry, Alpine cheese and savoury custard, with either sautéed leek or cherry tomato                 | £4.30 | £5.30  |

## SIGNATURE CAKES

|                                                                | T/A   | Eat In |
|----------------------------------------------------------------|-------|--------|
| <b>Chocolate Brownie</b> (2, 4, 7, 10, 13)                     | £3.00 | £4.00  |
| <b>Almond Bakewell</b> (2, 4, 7, 10)                           | £3.00 | £4.00  |
| <b>Flapjack</b> (2, 7)                                         | £3.00 | £4.00  |
| <b>Maple and Pecan Pie</b> (2, 4, 7, 10, 14, may contain I3)   | £4.00 | £5.20  |
| <b>Rocky Road</b> (2, 7, 13, may contain 14)                   | £3.00 | £4.00  |
| <b>Millionaire's Shortbread</b> (2, 7, 13)                     | £3.00 | £4.00  |
| <b>New York Cookie</b> (2, 4, 7, 13)                           | £2.50 | £3.50  |
| <b>Fruit and Almond Tart</b> (2, 4, 7, 10, 14, may contain I3) | £4.00 | £5.20  |
| <b>Apple, Cinnamon &amp; Pecan Tart</b> (2, 4, 7, 10, 13, 14)  | £4.00 | £5.20  |
| <b>Sicilian Almond Cookie</b> (4, 10, may contain I3)          | £2.00 | £2.50  |
| <b>Speciality Brownie</b>                                      | £3.50 | £4.50  |

## PATISSERIE SELECTION

|                                                             | T/A   | Eat In |
|-------------------------------------------------------------|-------|--------|
| <b>Tarte aux Fruits</b> (2, 4, 7, 14)                       | £4.50 | £5.80  |
| <b>Lemon Meringue</b> (2, 4, 7 may contain I0, I3, 14)      | £4.50 | £5.80  |
| <b>Chocolate Antoine</b> (2, 4, 7, 10, 13)                  | £4.50 | £5.80  |
| <b>Mille Feuille</b> (2, 4, 7)                              | £4.50 | £5.80  |
| <b>Banoffee Pie</b> (2, 7, 13)                              | £4.50 | £5.80  |
| <b>Carrot Cake</b> (2, 4, 7, 14 may contain I3)             | £4.50 | £5.80  |
| <b>Baked Cheesecake</b> (2, 4, 7, 13)                       | £4.50 | £5.80  |
| <b>Black Forest</b> (2, 4, 7)                               | £4.50 | £5.80  |
| <b>Sicilian Lemon Cheesecake</b> (2, 7, 14, may contain I3) | £4.50 | £5.80  |

## ARTISAN BREAD

### Pain de Campagne (2)

Part French flour, part sourdough (Available every day)

wheat flour, salt, yeast, water & olive oil - fermented for 16 hours

**Oven Bottom Cobb** £4.00

**Oven Bottom Baguette** £2.50

**Large Farmhouse Loaf** £4.00

**Small Campagne** £3.50

### Multiseed (2, 13)

Wheat, rye flour, malt flour, salt, yeast, water with our

blend of seeds (Available every day)

**Large Loaf** £4.70 **Medium Batch** £3.30

**Small Loaf** £2.80 **Oven Baked Baguette** £2.70

### Sourdough (2)

Wheat flour, salt & water - fermented with our natural yeast

culture for 18 hours

**Pain au Levain** £5.00

Full white sourdough (Tuesday to Saturday)

**Country Sourdough** £5.00

Blend of white & wholemeal (Saturday only)

**Malted Five Seed Sourdough** (Saturday only) £5.30

**Speciality Loaf** £5.30

Available Friday, Saturday & Sunday

Allergens vary depending on the flavour which changes weekly

## HOT DRINKS

All coffee is made with Clifton Coffee's suspension blend and freshly ground for each cup, with your choice of whole, skimmed, oat, almond, coconut or soya milk. Decaf coffee and tea available on request.

|                                           | T/A   | Eat In |
|-------------------------------------------|-------|--------|
| <b>Cappuccino, Latte &amp; Flat White</b> | £3.80 | £4.10  |
| <b>House Belgium Hot Chocolate</b>        | £4.20 | £4.50  |
| <b>House Belgium White Hot Chocolate</b>  | £4.20 | £4.50  |
| <b>Kids Belgium Hot Chocolate</b>         | £3.70 | £4.00  |
| <b>Matcha</b>                             | £4.20 | £4.50  |
| <b>Long Black</b>                         | £3.30 | £3.80  |
| <b>Mocha</b>                              | £4.00 | £4.30  |
| <b>Americano</b>                          | £3.30 | £3.80  |
| <b>Single Espresso</b>                    | £2.70 | £3.10  |
| <b>Double Espresso</b>                    | £2.90 | £3.40  |
| <b>Dorset Tea</b>                         | £3.00 | £3.20  |
| <b>Macchiato</b>                          | £3.40 | £3.70  |
| <b>Cortado</b>                            | £3.40 | £3.70  |
| <b>Babycino</b>                           | £1.80 | £2.00  |

## EXTRAS

**Giant Marshmallow** £0.50 **Coffee Shot** £1.00

**Syrup Shot** £0.70 **Plant-based Milk** £0.70

## COLD DRINKS

**Assorted Can** £1.80 £2.40

**Assorted Fruit Juice** £2.80 £3.60

**Still or Sparkling Water** £1.80 £2.40

Allergens may vary depending on customer choice or a different flavour or filling.  
Please check our key below and be sure to speak to our lovely team if you are unsure!

#### ALLERGEN KEY:

1. Celery

3. Crustaceans

5. Fish

7. Milk

9. Mustard

11. Peanuts

13. Soya

2. Gluten

4. Eggs

6. Lupin

8. Molluscs

10. Nuts

12. Sesame Seeds

14. Sulphites



**Choose Your Bread:** We can make your All-Day Breakfast or Gourmet Sandwich on multiseed or sourdough bread, a pretzel, multiseed or milk roll, focaccia, bagel, tortilla wrap, croissant - or even as a salad!  
*All sandwiches are made with butter and seasoned.*

## ALL-DAY BREAKFAST

T/A Eat In

### Smoked Back Bacon

or Local Pork Sausage (2, 7, 14)

£5.60 £7.00

**Bacon & Sausage** (2, 7, 14)

£6.20 £7.40

**Croque Monsieur** (2, 7, 9)

£6.70 £8.10

Roasted gammon, PMB béchamel sauce with Emmental and toasted - best served in our slow proof campagne bread

**Virgin Croque** (V) (2, 7, 9)

£6.10 £7.50

PMB béchamel sauce, Emmental cheese and Stokes caramelised onion chutney

**Smashed Avo** (VE) (2)

£6.10 £7.50

Served on our award-winning toasted sourdough with Stokes chilli jam and chilli flakes

**PMB's Famous Toasted Smoked**

**Ham & Cheese Croissant** (2, 4, 7)

£5.60 £7.00

add cheese egg soufflé

£1.20 £1.20

add sliced avocado

£1.20 £1.20

## BAGELS

T/A Eat In

**All-Day Breakfast** (2, 4, 7, 9, 14)

Smoked back bacon or local pork sausage with cheese egg soufflé

£6.20 £7.60

Bacon & sausage with cheese egg soufflé

£6.70 £8.10

**Hot Pastrami Melt** (2, 4, 7, 9)

£6.70 £8.10

Pastrami, nacho cheese & your choice of gherkins or jalapeños

**Bourbon Smokehouse** (2, 4, 7, 14)

£6.70 £8.10

with PMB bourbon bacon jam & cheddar cheese

**The Hollandaise** (2, 4, 5, 7, 9)

£6.70 £8.10

with house-smoked salmon, cheese egg soufflé & hollandaise sauce (add sliced avocado £1.20)

**House-Smoked Salmon**

with Dill & Cream Cheese (2, 4, 5, 7)

£6.70 £8.10

**House-Smoked Chicken Caesar** (2, 4, 7, 9)

£6.70 £8.10

with smoked back bacon and Caesar-dressed cos lettuce

**Mediterranean Hummus** (V) (2, 4, 7, 12, 14)

£6.70 £8.10

Hummus, crumbled feta, rocket, red onion & roasted peppers

## GOURMET SANDWICHES

T/A Eat In

T/A Eat In

**The Jay Special** (1, 2, 4, 7, 9 may contain 13)

£6.70 £8.10

PMB's best seller! Roasted chicken breast, chorizo, Emmental cheese and BBQ mayo - best served on our pretzel roll and toasted

**New York Deli** (1, 2, 4, 7, 9 may contain 13)

£6.70 £8.10

Pastrami, smoked ham, Emmental cheese, gherkins, sauerkraut and Reuben sauce - best served on our bagel

**The Tuscan** (2, 4, 7, 14 may contain 9, 13)

£6.20 £7.60

Roasted chicken breast, sun-dried tomatoes, black olives, rocket, balsamic glaze and mayo - best served on our focaccia

**The Bourbon Gammon** (2, 7)

£6.70 £8.10

House roasted gammon, Emmental cheese & PMB bourbon bacon jam - best served on our campagne

**Penn Ploughman's** (V) (2, 4, 7, 9 may contain 13)

£6.20 £7.60

Mature cheddar, fresh tomato, cucumber, red onion, cos lettuce, real ale chutney and mayo - best served on our campagne or a French baguette

**Benno's BBQ Special** (1, 2, 4, 7, 9)

£6.70 £8.10

Mark's favourite! House slow-cooked pulled beef with Emmental cheese and your choice of gherkins or jalapeños - best served on our milk roll

**Em's Roast Beef** (2, 4, 7, 9)

£6.70 £8.10

Roast beef, Emmental cheese, gherkins, rocket, horseradish & Stokes caramelised onion chutney - best served on our campagne

**The Greek** (2, 4, 7 may contain 9, 13)

£6.20 £7.60

Feta, tomato, cucumber, red onion, black olives and mint mayo - best served on our multiseed French baguette

**The French** (2, 4, 7 may contain 9, 10, 13, 14)

£6.70 £8.10

Smoked back bacon, brie, red onion, cranberry sauce and mayo - best served on our French baguette and toasted

**The Italian** (2, 4, 7, 14 may contain 9, 13)

£6.70 £8.10

Roasted chicken breast, mozzarella, roasted peppers, fresh tomato, rocket, pesto mayo and balsamic glaze - best served on our focaccia

**The Hummus** (V) (2, 7, 12, 14)

£6.70 £8.10

(ve option available upon request)

Hummus, mozzarella, red onion, black olives, sundried tomatoes, roasted peppers, rocket & balsamic glaze

**PMB BLT** (2, 4, 7 may contain 9, 13)

£6.20 £7.60

Smoked back bacon, fresh tomato, cos lettuce and mayo - best served on our campagne

**Tuna Melt** (2, 4, 5, 7 may contain 9, 13)

£6.70 £8.10

Tuna mayo, red onion and cheddar cheese - best served on our campagne and toasted

**Falafel Special** (VE) (2, 12)

£6.70 £8.10

Falafel, hummus, red onion, Stokes chilli jam - best served on a wrap and toasted

**Nacho Chicken** (2, 7)

£6.70 £8.10

Roasted chicken breast, nacho cheese, crushed tortilla chips, salsa, sour cream and avocado with optional jalapeños - best served on a wrap and toasted

**Chilli Chicken** (2, 4, 7 may contain 9, 13)

£6.70 £8.10

Roasted chicken breast, cos lettuce, avocado, cucumber, red onion, Stokes chilli jam & mayo - best served on a wrap

## KIDS SANDWICHES

£4.20 £5.60

(Allergen info available upon request)

• **Cheddar cheese** (V) (2, 7)

• **Smoked ham & cheddar cheese** (2, 7)

• **Cheddar cheese & marmite** (V) (1, 2, 7)